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FOR IMMEDIATE RELEASE

An Evening with Creative Nonfiction Author Sarah Adleman

GREENWOOD VILLAGE, CO (December 28, 2020) Friends of the Lyons Regional Library will host an online book reading and discussion with author Sarah Adleman on Thursday, January 14 at 7 p.m. in partnership with Colorado Humanities through the Colorado Center for the Book Speakers Bureau.

Adleman was a Peace Corps Volunteer in Bangladesh, studied yoga in India, and taught English in China. She earned her MFA from The University of Texas at El Paso and works as a Certified Yoga Therapist specializing in Traumatic Brain Injury survivors. Her work has been published or acknowledged by *Kindred Magazine*, *Terrene*, *Glimmer Train*, and *America Writers Review*. Her first book, *The Lampblack Blue of Memory: My Mother Echoes* (Tolsun Books, 2019), was a Colorado Book Award finalist, won a Nautilus Book Award in Lyric Prose/Hybrid Works, an IPPY Award in Essay, was a finalist for the NIEA in Death & Dying, and a winner for the Eric Hoffer/da Vinci Eye Award.

To register for this free Zoom event visit <https://lyons.colibraries.org/friends-of-the-lyons-regional-library-district/>

Colorado Humanities is the only Colorado organization exclusively dedicated to supporting humanities education for adults and children statewide. Celebrating its 46th year and its 16th year as host for the Colorado Center for the Book, Colorado Humanities is a 501(c)(3) nonprofit working in partnership with the National Endowment for the Humanities, The Library of Congress Center for the Book, the Smithsonian Institution, and the national award-winning educational nonprofit Motherhead, Inc. Colorado Humanities works with 100 program partners throughout the state to design and implement programs that best meet each community's needs. Colorado Humanities' goals are to improve education, strengthen cultural institutions, and enrich community life by inspiring the people of Colorado to explore ideas and appreciate our diverse heritage.

To learn more, visit coloradohumanities.org or call 303.894.7951.

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For more information and interviews, please contact Abby Chabitnoy Kerstetter,
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